



when the stars shine bright — in the night sky —

Have you ever looked up into the night sky? Have you ever looked up into the night sky and seen all of the beautiful stars that shine? Some are really big stars, some are teeny tiny stars and other stars are something in between.

Sometimes the stars shine yellow. Sometimes the stars shine blue.
Sometimes the stars shine green.

Whatever their size and whatever their colour, they all shine brightly and have their own special twinkle just for you.

Yes you!

Whenever a baby is born, a new star appears in the sky. At nighttime, when the sun goes down and the moon comes up, the stars start to shine and sparkle. Their glow keeps you safe while you sleep. Their shine helps you to have sweet dreams.

And sometimes, just sometimes when you see your star and you make a special wish, it might come true.

Have you seen your star? Close your eyes and picture it. Is it big or small?
Is it yellow, blue or green?

Night night, sweet dreams.

